It was a pleasure to meet Professor Helen Stokes-Lampard, the new President of the Royal College of GPs, to discuss pressures on primary care and the important role GPs and primary care teams play in supporting patients and alleviating pressures on the health system. We also discussed the RCGP’s recent report into multimorbidity, which is where a patient lives with two or more long term chronic conditions—an increasingly important aspect of a GP’s role. The GP Forward View is the long term plan for improving funding of and wider support for primary care and we discussed how this can be supported to make sure that funding reaches the front line.