It was a pleasure to catch up with Baroness Tyler, to discuss her recent report What Really Matters in Children and Young People's Mental Health. The report was produced with the Royal College of Psychiatrists and examines how we can best make the changes needed to improve children's mental wellbeing. The Health Committee is holding a joint inquiry with the Education Committee into the role of education in children and young people's access to mental health services, which you can read more about here.