It was fascinating to meet with Gabriel Wikström, Minister for Public Health, Healthcare and Sports in the Swedish Government. We discussed our shared aims to reduce public health harm from smoking, obesity, excessive alcohol and improving air quality. For both Sweden and the UK Government, reducing health inequalities is a key goal. I shared the Health Committee’s perspective on the Childhood Obesity Plan and learned of some of Sweden’s forthcoming legislation designed to improve public health. We also discussed the funding and social care challenges facing all EU nations.