Two local Energy Advisors have been recognised for their energy advice work with vulnerable residents across the South Hams at an award ceremony in the House of Commons.

Lin Etherden from Citizens Advice South Hams and Sophie Phillips from South Dartmoor Community Energy (SDCE) were nominated by their colleagues and received a national Heat Hero Award at the House of Commons today.

The awards are organised by fuel poverty charity National Energy Action and recognise people for going above and beyond in helping their clients to reduce their fuel bills and to stay warm and healthy at home.

Lin and Sophie are both qualified Domestic Energy Assessors and help householders to sort out their fuel bills, reduce fuel debt, apply for grants for home improvements and link up with other support services.

Citizens Advice and SDCE both deliver fuel poverty projects across the South Hams and often work together to ensure residents receive all the support that's available to them. They run regular drop in advice sessions in community venues, can attend community groups and can undertake home visits for more vulnerable clients. Their energy advice is all free and impartial and is funded through small grants that they have to apply for every year. SDCE are delighted to have recently secured Â£2000 through the Tesco Bags of Help scheme towards their work.

To find out more about the energy advice offered in the South Hams please visit their websites https://southhamscab.org.uk/ or www.southdartmoorcommunityenergy.org or call them on CAB:01803 659733 SDCE:0800 112 3044.