I was delighted to host Whizz-Kidz's dinner at Westminster and I am proud to support the charity's work in providing mobility equipment, life skills training and advice and support to disabled children and young people across the UK. As a former GP, I am all too aware of the importance of having the right mobility equipment at the right time and to give young people the confidence and independence to be able to engage in the same activities as their peers.

Whizz-Kidz has supplied 14 young people from the Totnes constituency with mobility equipment, including seven specialist trikes, five powered wheelchairs and two lightweight manual wheelchairs € over Â£65,000 worth of equipment. 260 young people from Devon have participated in Whizz-Kidz's wheelchair skills training sessions, enabling them to benefit from their vital mobility equipment by improving their wheelchair skills, confidence and independence through fun games, challenges and group activities.

Next August Whizz-Kidz hope to raise Â£200k through their Land's End to John O'Groats 'Generation Inspired?' cycle and it was a great pleasure to launch this appeal in Parliament and to meet the two cyclists Rahul and Nick who are training for the event. Having supported my husband and son (driving the support vehicle for this endurance event myself), it was good to be able to share some 'top tips'!

The London Paralympics shone a spotlight on the talent, skill and ambition of disabled people and Whizz-Kidz intends to inspire the next generation by ensuring all children have a good start - with the right equipment. It was a delight to meet Sam Hynd, a Paralympian medallist from Beijing and London, at the event, who spoke of his own experience needing specialist equipment during his own childhood and the importance of receiving the right kit at the right time.

I look forward to meeting up with Rahul and Nick in August for their own Lands End to John O'Groats challenge.