I met human rights defender Mandira Sharma to talk about breaches of human rights in Nepal. The detainees' stories that Mandira has brought into public view illustrate a whole sequence of common illegal practices: flaunted habeus corpus, torture, falsified evidence, isolation from families, and lack of information about the right to counsel. For women detainees especially, the abuses are compounded by sexual harassment and inadequate hygiene provisions which cannot be offset by family care because of the detainee's isolation.